

AGENCIES FOR ASSISTANCE

Updated 02/2025 -- (Dial 211 for referrals to all agencies)

CHILD CARE			
Child Care Partners	119 E Wichita St.	940-766-4332	Offers child care services on a sliding scale. Multiple centers with varying hours. childcarewf.org
Southeast Boys and Girls Club	3301 Armory Rd.	940-322-7769	Offers care for children ages 6-18 for \$12/year per child. M-F 3pm-8pm when school in session. M-F 8 am-5pm summer hours. bgcwf.org/join
Workforce Solutions Child Care	4309 Old Jacksboro Hwy, Suite 300	940-322-1801 ext 102	Offers scholarships to assist with the cost of child care. Parents must be working, in a job training program, or attending school at least 25 hours/week for a one-parent household or 50 hours/week for a two-parent household. M-F 8 a.m. - 5 p.m. https://ntxworksolutions.org/child-care-services/
CLOTHING			
Faith Mission Clothing Ministry	1205 Lamar St	940-723-5663	Vouchers for clothing and shoes for all ages and genders. You must have a form of ID for each person needing clothes. M-F 10 a.m. - 12 p.m.
Faith Resale Store	4502 Old Jacksboro Hwy	940-766-0705	Monday-Saturday 10 a.m. - 6 p.m.
Faith Resale Store	2708 Southwest Pkwy #107	940-264-0706	Monday-Saturday 10 a.m. - 6 p.m.
Goodwill Store	4609 Southwest Pkwy	940-689-0734	Monday-Saturday 10 a.m. - 8 p.m., Sunday 1 p.m. - 6 p.m.
Salvation Army	403 7th St	940-322-9822	Must have an ID and proof of income for clothing voucher assistance. Mon, Tue and Thur: 9:00 am – 11:00 am
Salvation Army Thrift Store	700 Lee St		Tuesday-Friday 10 a.m. - 5 p.m., Saturday 10 a.m. - 3 p.m.
Sonshine House	912 Broad St		Assistance is available to households 6 times per year - 12 times in a lifetime. Open on Tuesdays from 1:30-4:00 p.m. Sonshine House does not have a phone number but questions may be directed to Faith Village Church of Christ at 940-692-0032.
COUNSELING / LIFE SKILLS			
Community Healthcare Center	200 Martin Luther King Jr Blvd	940-766-6306	Focused intervention counseling for mental health concerns, weight management, smoking cessation, alcohol/drug abuse, chronic pain or illness management, and children's behavioral issues. Sliding fee scale based on family size and income, regardless of insurance status. Currently accepting new patients only if they are ages 20 and under; 65 and older; or pregnant women. chcwf.com/behavioral-health-counseling/
Helen Farabee Adult Behavioral Health Services	500 Broad St	940-397-3300	Offers services specially designed to meet the needs of persons with behavioral health issues or major mental illnesses. Accepts Medicare, Medicaid, and most forms of private health insurance. For persons who are not eligible for health coverage, fees will be assessed on the basis of proof of the individual's complete income, with no one being denied services due to an inability to pay.
Helen Farabee Child and Adolescent Services	516 Denver St	940-397-3300 940-720-3500	The Center accepts Medicare, Medicaid, and most forms of private health insurance. For persons who are not eligible for health coverage, fees will be assessed on the basis of proof of a family's complete income, with no one being denied services due to an inability to pay.

Hospice of Wichita Falls	4909 Johnson Rd	940-691-0982	Grief counseling for all ages. Free. howf.org/grief-support/
MSU Psychology Clinic	O'Donohoe wing of the Prothro-Yeager Hall off Council Dr on the MSU campus	940-397-4791	Provides confidential psychotherapy and assessment for adults, adolescents, children, and families in the greater Wichita Falls area. Fees are based on the ability to pay. No insurance is accepted. For MSU students, faculty, staff, and their family members, psychotherapy services are free of charge. For the community, fees range from \$5.00 to \$25.00 for psychotherapy. Open M-F, closed when MSU is closed. Sessions by appointment only. Emergency or crisis services not provided.
Red River Hospital	1505 8th St	855-664-2017	Ages 12 and up. Inpatient and outpatient programs addressing mental illness and drug and alcohol addiction. Accepts all major managed care insurance plans, Medicare, and CMO Medicaid (Amerigroup, Cenpatco, Wellcare). Open 24/7, walk-ins welcome.
Straight Street	1100 Indiana	940-716-9898	"Mission: to provide a safe Christian environment where at-risk youth aged 11-18 can obtain the necessary skills and training needed to mature and discover God's divine plan for their lives." Helps teens "in the areas of physical, emotional, intellectual and spiritual needs" and "provide food, clothing, hygiene products, counseling, help with schoolwork, and assistance in emergency situations." Free or cost is based on income.
STARRY Counseling Services	807 8th St Suite 918	940-386-9546	Crisis Services: 844-229-2034. Provides free short-term individual, group, and family counseling services for a variety of challenges and issues for children birth to 17 years and their families. Parenting classes also available. Free or cost is based on income. starry.org/wichitafalls/
Taft Counseling Center	2934 Kemp Blvd	940-691-1899	All ages. Offering individual, couples, family, and group therapy. Sliding fee scale, accepts most insurance.
DIAPERS			
Diaper Chest, Interfaith Outreach Services	1101 11st St	940-322-1365	Clients may receive diapers and wipes once every 30 days.
GROCERIES			
Grocery Cart Program		940-761-7433	For individuals 60 years of age and older or with a certified disability. A Falls Ride bus equipped with a wheelchair lift will pick up passengers at their residence, take them to Wal-Mart, and return them to their home approximately one hour later. Call to schedule a ride the day before. Service fee of \$3.00 round trip.
Interfaith Ministries Food Pantry	1101 11th Street	940-322-1365	Food pantry is opened Monday through Friday 9:00 – 10:45am and Monday, Tuesday, and Thursday from 1:00 – 2:45pm. To receive food from this pantry, you can only be receiving \$100 or less in food stamps.
Sonshine House	912 Broad St		Tuesdays 1:30 pm – 4 pm. Sonshine House does not have a phone number but questions may be directed to Faith Village Church of Christ at 940-692-0032.
For a complete list of food pantries/grocery assistance, please ask at the Information Desk or go to https://www.wfab.org/pantrylisting			

HOT MEALS			
Faith Mission	1300 Travis St	940-723-5663	3 meals per day, 365 days per year. Meal are served at 6:00am, 12:30pm, and 8:00pm
Faith Refuge	710 E Hatton Rd	940-322-4673	3 meals per day, 365 days per year--women and children only, bring ID. Meals are served at 6:00am, 12:00pm, and 6:00pm
Kids Café	Various locations	940-766-2322	Hot meals provided after school five days a week to children ages 18 and younger. For locations and details call, or go to https://www.wfafb.org/childrens-programs
Meals On Wheels		940-322-6232	Seniors only, must sign up via phone or at https://www.mowwc.org/sign-up-for-meals
Salvation Army	403 7th St	940-322-9822	Free lunch is provided from 12:00 - 12:15pm Monday through Friday
The Green Door	1101 Smith St, in the Martin Luther King Center	940-766-1142	Serves lunch from 12:00 pm – 12:30 pm Monday through Friday.
The Red Door	1000 Burnett St	940-322-6232	Lunch served 11:30 am - 12 pm. Call the day before to make a reservation. Age 60 and up - suggested donation of \$3 per meal. Age under 60 - \$6.25 per meal.
HOTLINES AND HELPLINES			
Crisis Text Line		741741	Text HOME to 741741. Trained volunteers can give support on many topics, including gun violence, anxiety, suicide, depression, eating disorders, emotional abuse, self-harm, loneliness, and more. Available 24/7. Chat available at https://www.crisistextline.org/
First Step 24/7 Hotline		1-800-658-2683 1-877-701-7233	24-hour toll-free crisis line for victims of domestic violence and sexual assault
LGBT National Hotline		888-843-4564	Offers LGBTQIA+ youth and adults assistance with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems, and more. Chat available at https://lgbthotline.org/chat/ . Chat and hotline available 1 pm - 10 pm Monday-Friday and 11 am - 4 pm Saturday.
MHATC Warm Line		English 817-546-7826 Spanish 817-546-7827	The Warm Line, a program by and for mental health consumers, is a service for people who need support and human contact, but don't need a crisis line or hotline. Phone calls are answered by peer mentors 1 pm - 5 pm, Monday-Friday.
National Council on Problem Gambling		1-800-426-2537 1-800-GAMBLER	Available 24/7. Text 800GAM. Chat available at ncpgambling.org/chat
National Runaway Safeline		1-800-786-2929 1-800-RUNAWAY	Helps youths in crisis. Can provide youths age 12-21 who self-identify as homeless, runaway or a victim of human trafficking with a ticket home, or to an alternative living arrangement. Call or text. Live chat available at 1800runaway.org/
National Suicide Prevention Lifeline		988	Available 24/7, call or text. Provides suicide prevention and mental health crisis care. Chat available at 988lifeline.org/chat
Rape Abuse and Incest National Network (RAINN)		800-656-HOPE 800-656-4673	The nation's largest anti-sexual violence organization provides help from trained support specialist. Chat available at https://hotline.rainn.org/online . Smartphone app available.

Texas Youth Helpline		1-866-668-1924	24/7 help via call, text, or chat. Provides free, confidential services to youth and families in crisis. https://www.dfps.texas.gov/youth-helpline/
HOUSING (RENT/REPAIRS)			
Christmas in Action	1113 Sheppard Access Rd	940-696-9393	Free home repairs for low-income elderly, disabled, and veteran homeowners in Wichita County. Must submit application at http://www.christmasinactionwftx.org/application.aspx
Habitat for Humanity	1206 Lamar St	940-716-9300	Provides home construction to families in need. Homebuyers help build their own homes and pay an affordable mortgage. Preliminary application available at https://www.habitatwf.com/
Interfaith Outreach Services	1101 11th St	940-322-1365	May be able to assist with rent, mortgage, and deposits. Must provide contact information for your landlord for rent assistance.
Minor/Emergency Repair Program	1300 7th St	940-761-7448	Mon-Fri: 8am -5 pm. Performs certain limited repairs on single family, owner-occupied homes of qualified low-moderate income applicants, in the form of a grant to the homeowner. To see qualification information ask the service desk for a brochure or go to https://tx-wichitafalls3.civicplus.com/1469/MinorEmergency-Repair-Program
Weatherization Assistance	807 8th St Suite 300	940-723-2261 877-804-7372	Assists economically disadvantaged individuals, particularly the elderly and disabled, to promote a more comfortable healthy environment, conserve energy and reduce high utility. For more information and to apply go to https://rollingplains.org/rolling-plain-programs/weatherization-assistance/
LANGUAGE AND LITERACY			
Region IX Education Service	301 Loop 11	940-322-6928	For English lessons, call first, or e-mail adulted@esc9.net
Wichita Adult Literacy Council	2301 Kell East Boulevard Suite 218	940-766-1954	Free help for adults in need of basic literacy skills.
LEGAL ADVICE			
Legal Aid of Northwest Texas	710 Lamar St., Suite 300	940-723-5542	
Texas Bar Lawyer Referral & Information Service (LRIS)		(800) 252-9690 (Toll Free)	Will help clients find a lawyer or other resource that best matches their legal needs and financial means--the referred lawyer will provide a 30 minute consultation for no more than \$20. Call Monday - Friday, 8:30 a.m. to 4:30 p.m., or visit www.texasbar.com/selfservice at any time. The call-in service is closed on legal holidays. Se habla Español.
Texas Law Help		(800) 622-2520, Option 3	texaslawhelp.org For Texas residents; available in English and Spanish. Provides information on common law topics, self help guides, and resources for finding free or low-cost legal aid. Hotline available Monday – Friday 8:30 AM – 5:00 PM

Texas Legal Services Center (TLSC) Legal Hotline		(800) 622-2520, option 3	Provides counsel and advice on certain civil (non-criminal) legal matters to Texans who are over the age of 60 or who are Medicare beneficiaries. Monday - Friday, 8:30 AM - 5 PM except on holidays. tlsc.org/seniors
Texas State Law Library			For additional legal hotlines, please visit https://guides.sll.texas.gov/legal-help/hotlines
MEDICAL & PRESCRIPTION			
Community Healthcare Center	200 MLK Blvd	940-766-6306	Primary Care, Family Medicine, Pediatrics, Dental, Medical, Walk-In Clinic Medical Services 7:45 AM - 4:45 PM Monday-Friday (closed 12 PM - 1 PM) and Saturday 8:30 AM - 12 PM. Pharmacy 8 am-4:45 pm (closed 12 PM - 1 PM), drop-off prescription window closes at 11:50 AM. Monday-Friday Call for more information on additional hours or locations and Assistance Programs.
Catholic Charities Fort Worth, Northwest Campus	907 Holliday St.	940-716-9669	Connects uninsured/underinsured clients to one-time subsidized healthcare services to detect and treat illness at the earliest stages. Clients may also receive case management services. https://catholiccharitiesfortworth.org/northwest-campus/ For more information contact intakedesk@ccdofw.org
Interfaith Outreach Services	1101 11th St	940-322-1365	Prescription cost assistance for residents of Wichita and Archer counties.
MSU Gaines Hygiene Clinic		940-397-4737	Low cost dental cleaning, fluoride application, dental radiographs, and adjunctive services. All treatment is provided by students under the supervision of the Clinical Teaching Staff. Several appointments may be needed to complete a patient's dental hygiene treatment. Appointment only; prompt attendance is required. https://msutexas.edu/academics/hs2/dental/services-offered.php
Salvation Army	403 7th St	940-322-9822	Prescription assistance only
Wichita County Human Services	600 Scott St., Suite 102	940-716-8535	Indigent care. Application packet at https://wichitacountytx.com/download/indigent-application-packet/ or ask for a copy at the Information Desk.
MILITARY			
Sheppard Air Force Base	709 9th Ave., Bldg 960 (SAFB)	940-676-4358	Airmen and Family Readiness Center. Monday-Friday, 7:30am-4:30pm; Saturday 9-4:30 82fss.com/military-family-readiness-center
PETS			
AniMeals		940-232-6232	For senior pet-owners only. Provides pet food. Call to register.
P.E.T.S.	3001 Central E. Freeway	940-723-7387	Full-service veterinary clinic. All services available by appointment Monday-Friday, 8:30 AM - 5 PM. Walk-ins available for wellness services (services that do not require a veterinarian) Monday-Friday, 8:45 AM - 3 PM and on the 3rd Saturday of each month from 9 AM - 12 PM. Clinic schedules may vary during holidays; please check on Google or Facebook for holiday hours.

SENIORS			
The Kitchen	1000 Burnett St	940-322-6232	Hub for Meals on Wheels, The Green Door, and The Red Door services for seniors.
North Texas Aging & Disability Resource Center	4309 Old Jacksboro Hwy Suite 200	940-234-1644 855-937-2372	Assists with long-term services and supports for older adults and people with disabilities. https://northtexasadrc.org/
Area Agency on Aging of North Texas	4309 Old Jacksboro Hwy Suite 200	940-322-5281 1-800-460-2226	Assists people age 60 and older, their family members and caregivers with locating and accessing community services. https://nortexrpc.org/area-agency-on-aging/
SHELTER			
Faith Mission	1300 Travis St	940-723-5663	Men, families
Faith Refuge	710 E Hatton Rd	940-322-4673	Women, children
First Step of Wichita Falls	624 Indiana Ave Ste 304	940-692-1993 940-723-7799	A 24-hour safe haven for victims of domestic and/or sexual violence. Includes food, clothing, transportation, information, referral to other community services, and assistance with taking the necessary steps to reclaim independence.
Salvation Army	403 7th St	940-322-9822	
SUBSTANCE ABUSE			
Abilene Regional Council on Alcohol and Drug Abuse, Inc. (ARCADA)	2910 Kemp Blvd Ste 214	1-800-588-8728 325-673-2242	ARCADA serves Wichita County with outreach, screenings, assessments and referrals (OSAR) via the Helen Farabee Clinic Pyramid Center. They provide assistance with chemical dependency issues for individuals and their families, especially those who do not have insurance or a way to pay for treatment. OSAR Services are offered free of charge to individual seeking treatment or referrals to other recovery support services, providing screenings, assessments, crisis intervention, motivational counseling, referrals to treatment, interim services, and follow-ups if needed. https://abirecovery.org/
Alcoholics Anonymous - Group One	5103 A Old Jacksboro Hwy at Southwest Pkwy	940-322-6452	Open and closed meetings, seven days a week, at set times--please call for schedule details.
Alcoholics Anonymous - New Life Group	1406 Beverly Dr	940-322-3213	Open and closed meetings, seven days a week, at set times--please call for schedule details.
Helen Farabee Substance Use Services Outpatient Program		940-397-3391 940-224-6200	https://www.helenfarabee.org/substance-use/
Hope Center Ministries		1-833-697-1947	Non-profit organization operating a Christ-centered recovery program for alcoholics and addicts. Men's Centers in Wichita Falls and Vernon. Women's Center in Holliday. Call or visit hopecm.com
New Beginnings Addiction Recovery Program		Men's Program: 940-723-5663 Women's Program: 940-322-4673	New Beginnings is a 13-month residential addiction recovery/job readiness program. Participants live in semi-private, dorm-style rooms throughout the program. Family visits and off-campus passes can be earned by participants. The program is completely free of charge for all participants involved.

Oxford House - Men Only	4909 Big Bend Dr	940-288-5740 940-326-1003 940-337-4997	A democratically run, self-supporting and drug free home representing an effective and low cost method of preventing relapse. Residents pay rent, utility and other household expenses. Vacancy information at https://www.oxfordvacancies.com/
The Recovery Center	2501 Taylor St	940-761-3034	The Recovery Center offers outpatient treatment options for adults with addiction or substance abuse issues: a Partial Hospitalization Program (PHP) and an Intensive Outpatient Program (IOP). These services are offered as a continuum of care for individuals struggling with addiction, and provide convenient hours to meet their needs for recovery. https://therecoverycentertx.com/
SUPPORT GROUPS			
Common Ground Recovery Ministries	3701 Taft Blvd (First Christian Church)	940-337-1712	Adult Christ-centered support groups for Trauma Recovery; Anger Management; and Parenting. 12-week sessions. Every Tuesday at 6:30 p.m. Free, no referral needed. Childcare for participants' preschool and elementary-aged child is provided. https://firstchristianwf.com/ministries/common-ground-recovery-ministry/
Hope for Mental Health	1301 10th St	940-235-7828	In-person meetings on the first Tuesday of every month, 6:30pm-8pm. Online Zoom conferences every Tuesday evening, 6:30-8:30 pm. For information on online meetings please go to facebook.com/Hopeformentalhealth/
Hospice of Wichita Falls		940-691-0982	Multiple grief support groups available. For details visit https://www.howf.org/grief-support/
Veterans' Peer Support Services		940-397-3315	For Veterans and their family members who are affected by Post-Traumatic Stress Disorder (PTSD), Military Sexual Trauma (MST) and Traumatic Brain Injury (TBI). Every Monday, 12pm-1pm. For more information call or email Elliot Bonner at bonnere@helenfarabee.org
UTILITIES			
Rolling Plains	807 8th St Suite 300	940-723-2261 877-804-7372	Must submit application and documentation. Apply by calling or visit https://www.rollingplains.org/energy-assistance
Salvation Army	403 7th St	940-322-9822	
Catholic Charities	907 Holliday	940-716-9669	M-F, 8 a.m. to 5 p.m.
Interfaith Outreach Services	1101 11th St	940-322-1365	Monday - Thursday, 9 AM - 2 PM. Please have your bills available with account numbers.
VETERANS SERVICES			
Catholic Charities Fort Worth, Northwest Campus	907 Holliday St.	940-716-9669	Assists veterans and active-duty military, along with their families, with access to resources, financial assistance, and coaching. catholiccharitiesfortworth.org/northwest-campus/ For more information contact veteranservicesnw@ccdofw.org
Texas Veterans Commission		1-800-252-8387	Phone hours Monday-Friday, 7:30am-5:30pm https://www.tvc.texas.gov/

Veterans' Peer Support Services		940-397-3315	Coordinates and delivers service and community support to veterans. For more information visit helenfarabee.org/veterans/
Wichita County Veterans Services Office	600 Scott, Ste. 203	940-716-8599	M-F, 8 a.m. to 12 p.m.
Wichita Falls VA Clinic	2600 Central Fwy, Suite 180	940-257-0001	8 a.m. to 4:30 p.m.